

The Shema

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד
Sh'ma Yis'ra'eil Adonai Eloheinu Adonai echad.
Hear, Israel, the Lord our G-d, the Lord is One

In an undertone:

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד
Barukh sheim k'vod malkhuto l'olam va'ed.
Blessed be the Name of His glorious kingdom for ever and ever

וְאַהַבְתָּ אֵת יְיָ אֱלֹהֶיךָ בְּכָל לֵבָבְךָ וּבְכָל נַפְשְׁךָ וּבְכָל מְאֹדְךָ
V'ahav'ta eit Adonai Elohekha b'khol l'vav'kha uv'khol naf'sh'kha uv'khol m'odekha.
And you shall love the Lord your G-d with all your heart and with all your soul and with all your
might

וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם עַל לֵבָבְךָ
V'hayu had'varim ha'eileh asher anokhi m'tzav'kha hayom al l'vavekha.
And these words that I command you today shall be in your heart

וְשִׁנַּנְתָּם לְבָנֶיךָ וְדִבַּרְתָּ בָּם
V'shinan'tam l'vanekha v'dibar'ta bam
And you shall teach them diligently to your children, and you shall speak of them

בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלֶכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְבְךָ וּבְקוּמְךָ
b'shiv't'kha b'veitekha uv'lekh't'kha vaderekh uv'shakh'b'kha uv'kumekha
when you sit at home, and when you walk along the way, and when you lie down and when
you rise up

וְקָשַׁרְתָּם לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ
Uk'shar'tam l'ot al yadekha v'hayu l'totafot bein einekha.
And you shall bind them as a sign on your hand, and they shall be for frontlets between your
eyes.

וְכָתַבְתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ
Ukh'tav'tam al m'zuzot beitekha uvish'arekha.
And you shall write them on the doorposts of your house and on your gates