



## Phase One - PSHCE

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# Lemons Activity

(PSHE/Citizenship) The Same But Different

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### Objective

Understanding similarities, differences and valuing uniqueness.

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### Pupil Activity

This is an activity which introduces the ideas of similarities and differences and valuing uniqueness. The activity works for groups of various sizes.

Enough lemons are needed for each member of the group:

1. Give each member of the group a lemon
2. Ask everyone to look closely at their fruit, examine it for distinctive marks and feel the skin
3. Encourage each person to personalise their lemon by giving it a name
4. Collect all the lemons and place a bowl/basket
5. Spread all the lemons on the floor in front of the group
6. In turn, ask each pupil to come forward and collect their lemon

If there is an argument over whose lemon is whose, try to adjudicate. If pupils still can't agree, place the lemon to one side as unidentified. If this happens, you should be left with two lemons at the end to reunite, but you should find that most people can somewhat amazingly successfully claim their fruit.

### Reflection and Evaluation

Once everyone has been reunited with their lemons, hold a discussion around these questions and statements.

### PSHCE

How sure are they that they have claimed the correct fruit? How can they tell? Are they surprised that everyone could find their own and why?

Encourage them to look at the parallels between this exercise and differentiating between people. e.g. How do you tell the difference between one person and another?

Examine stereotypes. Are all lemons the same colour? Are they all the same shape? Introduce the word 'stereotype'. Relate this exercise into the stereotypes that exist between people of different cultures, religions, races and genders.

What does this mean to the group?

